

First -aid &  
CPR Guidelines 2014

# First-Aid & CPR Training

First aid saves lives



Everyone should be able to perform first aid since most people will eventually find themselves in a situation requiring it, either for another person or for themselves. and CPR techniques. This program is delivered by a trained medical resource and aims to equip everyone with basic first aid skills.

**Medihelp Healthcare Pvt. Ltd.**

6052/1, D-6, Vasant Kunj, New Delhi-110070, Ph. 011-4605 2020, 9871 555 932

# WORKPALCE FIRST AID



## Program Coverage

The workshop provides basic knowledge and also provides an opportunity to practice some of these techniques using manikins and training equipment :

- ✗ Basic First Aid Techniques
- ✗ Using AED
- ✗ Wound, Cuts & Bleeding
- ✗ Fits and Seizures
- ✗ Drowning
- ✗ Dog, Snake & Animal Bites
- ✗ CPR- Cardio Pulmonary Resuscitation
- ✗ Choking
- ✗ Handling Serious Injuries
- ✗ Burn related first aid
- ✗ Electric Shock

## Target Audience

All Employees (especially)

- ✗ Employees Identified as part of Emergency Response Team (ERT in BCP)
- ✗ Security Staff
- ✗ Admin & Front office Staff
- ✗ HR Roles

## Duration

Depending on the needs of the organization, Medihelp can conduct the program starting from half a day to two day workshop. We can also tailor the program working with the organization to cover specific topics like Repetitive stress Injury etc.

7 Hours - Full Day Program  
14 Hours - 2 Day Program



## Certification

Certificate will be provided to all successful Candidates

## Commercials

- ✗ Rs. 20,000/- for the 1- day Training.
- ✗ Taxes as applicable
- ✗ Training Charges Inclusive of all Training Material, Consumables and Mannequin and Coveyance.
- ✗ All payment should be made by Cheque or DD in favour of Medihelp Healthcare Pvt. Ltd.
- ✗ If Venue outside Delhi, Travelling and Boarding Loading charges on actual basis or arrange by company itself.
- ✗ For additional Trainee, Additional Proportrate billing will be done.

## Faculty

Dr. Deepak Sanan - a medical Doctor, Dr. Deepak completed his MBBS from Rohtak. He has since then Trained thousand of people in BLS

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